

# **Sik Sandor Hungarian Scout Camp Manual Addendum: COVID -19 Requirements, Protocols and Policy Guidelines**

The following document is divided into three sections:

- A. The requirements for admittance to camp
- B. The guiding principles used with hypertext links to CDC resources
- C. Detailed Information with links to CDC resources.

Definitions:

Staff refers to volunteer Camp and subcamp Leaders including, counselors and counselors-in-training, kitchen personnel, technical personnel, health and safety personnel.

Campers refers to candidates of all ages in the training camps.

Cohort is synonymous with Patrol (Örs)

## **A. Admittance Requirements to Camp**

The following requirements require proof before anyone may enter camp to participate in programs:

1. Proof of full vaccination for all campers over 16 years of age with any of the approved vaccines preferably at least 2 weeks prior to arriving at camp.  
OR
2. Two (2) negative PCR tests – the first seven (7) days before the start of camp and one three (3) days before the start of camp.  
OR
3. A positive test 3 months before camp indicating recovery from the virus. CDC does not recommend getting tested again in the three months after a positive viral test if the person does not have symptoms of COVID-19.

Campers and staff who have had a positive viral test in the 3 months prior to starting camp and have met the criteria to end isolation should have a letter from their healthcare provider documenting the positive test date and stating the individual is cleared to end isolation.

4. Staff who have recently had a [close contact](#) with a person with COVID-19 should [stay home and monitor their health](#).
5. CDC's criteria may help inform when staff and campers may enter camp:
  - [If they have been sick with COVID-19](#)
  - [If they have recently had a close contact with a person with COVID-19](#)

### **A.1 Upon Admittance to Camp**

Campers will be assigned to cohorts (patrols) that will remain together for the entire camp session mixing minimally with other campers and staff in close contact circumstances.

Campers and staff who are staying together in a cabin, bunkhouse, or similar defined space are considered a "*household cohort*." Household cohort members do not need to wear masks or physically distance when they are together without non-household cohort members nearby.

- A.2 Testing:** For camp sessions that last at least one week, screening testing will be done 3–5 days after arrival at camp in accordance with [CDC travel guidance](#).

[Fully vaccinated](#) asymptomatic people without an exposure can refrain from routine screening testing.

### **A.3 After camp recommendation**

Camp staff and campers *who are not fully vaccinated* should get tested with a viral test 3–5 days after traveling home from camp **AND** stay home and self-quarantine for a full 7 days after travel.

## **B. Guiding Principles**

Based on the current science, COVID-19 is mostly spread by respiratory droplets released when people talk, cough, or sneeze. It is thought that the virus may spread to hands from a contaminated surface and then to the nose or mouth, causing infection. Therefore, personal prevention practices (such as [handwashing](#), [staying home when sick](#)) and environmental [cleaning and disinfection](#) are important principles that are covered in this document.

### **B.1 Reducing the risk of spreading the virus that causes COVID-19**

- The more an individual interacts with people he or she doesn't live with and the closer and longer each interaction is, the higher the risk is of getting infected with the virus that causes COVID-19.
- The [higher the level of community transmission](#), the higher the risk of the virus that causes COVID-19 spreading during camp operations. As a result of this we have categorized our activities into *Low, Moderate and High* risk.

#### **Lowest Risk:**

- We will allow for [social distancing](#) of at least 6 feet between individuals, patrols and subcamps. Small groups of campers (patrols) stay together all day, each day. Campers do not share objects.
- Outdoor activities are prioritized. All campers are from the same geographic areas (e.g., state, city, town, county, community) in their patrol.
- Staff will stay at least 6 feet away from people they don't live with during camp.
- All staff and campers wear [masks](#), especially when other social distancing measures are difficult to maintain.
- Park staff [clean and disinfect](#) frequently touched surfaces and shared objects between uses or on a frequent schedule with [EPA approved products external icon](#).

#### **Moderate Risk:**

- Park roads and trails are open with partial modifications to allow for [social distancing](#) of at least 6 feet between individuals, patrols and subcamps in some areas.
- Some staff wear [masks](#).
- Park staff [clean and disinfect](#) frequently touched surfaces and shared objects more than once per day, but less frequently than between each use with [EPA approved products external icon](#).

### More Risk:

Campers mix between groups but remain at least 6 feet apart and do not share objects. Outdoor activities are prioritized.

### Even More Risk:

Campers mix between groups and do not remain spaced apart. All campers are from different geographic area (e.g., state, community, town, city, or county).

### Highest Risk:

- Park roads and trails are open at full capacity with no modifications to allow for [social distancing](#) of at least 6 feet between individuals or household groups.
- Staff and campers from different areas\* with varying levels of community transmission are less than 6 feet away.
- No [masks](#) are worn.
- Park staff [clean and disinfect](#) frequently touched surfaces and shared objects once per day and may or may not use [EPA approved products external icon](#).
- Campers mix between groups and do not remain spaced apart. All campers are **not** from the same geographic area (e.g., community, town, city, or county, state).

\*Different area could be another subcamp.

## B.2 Posted information to promote everyday preventive actions.

Camp administration will display posters and [signs](#) throughout the park to frequently remind campers to take steps to prevent the spread of COVID-19. These messages will include information about:

- Using [social distancing](#) to maintain a distance of 6 feet between others in all areas of the park.
- [Covering coughs and sneezes](#) with a tissue or the inside of the elbow. Used tissues should be thrown into the trash.
- [Washing hands](#) often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing.
  - If soap and water are not readily available, use hand sanitizer that contains at least 60% alcohol and rub hand together until dry.
  - Young children should be supervised to ensure they are using sanitizer safely.
- Avoiding touching eyes, nose, and mouth with unwashed hands.
- Using [masks](#). Masks are **most** essential in times when physical distancing is difficult. Masks should not be placed on:
  - Babies and children younger than 2 years old
  - Anyone who has trouble breathing

- Anyone who cannot remove the mask without assistance

### B.3 Maintaining restrooms, built-in camp outhouses and rental outhouses.

- We will ensure they have functional toilets, clean and disinfected surfaces, and handwashing supplies.
- [Cleaned and disinfected](#) regularly, particularly high-touch surfaces such as faucets, toilets, doorknobs, and light switches.
- Clean, and disinfect restrooms daily or more often if possible, using [EPA-registered disinfectants external icon](#) that are effective against SARS-CoV-2, the virus that causes COVID-19.
- Following the [Guidance for Cleaning and Disinfecting](#) to develop, implement, and maintain a plan to perform regular cleanings to reduce the risk of exposure to COVID-19.
- Regularly stocked with supplies for handwashing, including soap and a way to dry hands (e.g., paper towels, hand dryer) or hand sanitizer with at least 60% alcohol and no touch/foot pedal trash cans (preferably covered).
- In addition, advise staff and campers to always wear gloves appropriate for the chemicals being used when they are cleaning and disinfecting, and that they may need additional PPE based on the setting and product. Staff and campers should follow the directions on the label of the products. Ensure that cleaning products are stored properly and kept away from children.

### B.4 We will be prepared to cancel or postpone large events and gatherings.

- Monitor and adhere to guidelines issued at the national, state, and local levels related to [limiting the size of gatherings](#).
- Continually assess current conditions regarding the spread of COVID-19 and engage with the Allegany County Health Dept when deciding whether to postpone, cancel, or reduce the number of attendees (if possible) for gatherings.

### B.5 The re-opening and care of camp grounds.

- Consultation will take place with Allegany Co. Health Dept. officials and reliance on state and local regulations regarding the appropriate timing for the re-opening of the camp grounds.
- Outdoor areas generally require normal [routine cleaning](#) and do not require disinfection. The targeted use of disinfectants will be done as effectively, efficiently, and safely on outdoor hard surfaces and objects frequently touched by multiple people (e.g., handrails, benches) as feasible; we will make sure that the disinfectant has thoroughly dried before allowing children to use the area.

- We will ensure the [safe and correct use](#) and storage of disinfectants, including storing products securely away from children.

## B.6 Enforcement of people social distancing in the camp.

In order to decrease the chance of COVID-19 spread, the park administration will consider:

- Monitoring areas where people are likely to gather and consider temporary closure to support social distancing practices. In the event of specific facility closures, physical barriers will be erected in these areas and [signs](#) posted communicating that the area is closed.
- When necessary, physical guides to ensure that people remain at least 6 feet apart while in the camp will be utilised. For example, markings on the ground, colored tape, or signs (in appropriate languages) to indicate safe distances.

## B.7 Appropriate timing and process for resuming youth camps, activities, and sports.

- We will consult with Allegany Co. Health Dept. health officials about our camp, with regards plans for resuming scouting activities.
- When ready to resume camp activities we will review CDC's [Considerations for Youth and Summer Camps](#) for specific information on ways in which to protect campers, and staff. These include promoting behaviors that reduce spread, maintaining healthy environments and healthy operations, and making plans to address if a camper or staff member becomes sick. Consultation with [state and local health officials](#) will take place to determine if and how to put these considerations into place.

## B.8 Flexibility in duties for staff at higher risk for severe illness from COVID-19.

- Remind staff to [stay at home](#) if they are sick and do not meet our entry requirements.
- Identify staff whose duties would be at an increased risk of acquiring the virus.
- We will revise duties for staff who are at [higher risk of severe illness with COVID-19](#).

## B.9 Staff communications about COVID-19 and preventive actions.

We will:

- Provide staff with [up-to-date information about COVID-19](#) in the local area and camp policies on a regular basis.

- Communicate to camp staff the importance of practicing healthy hygiene habits, such as [washing hands often, covering coughs and sneezes](#), and [social distancing](#) to prevent the spread of COVID-19.
- Recommend and reinforce use of [masks](#) among staff. Masks are not required for:
  - Babies and children younger than 2 years old
  - Anyone who has trouble breathing
  - Anyone who cannot remove the mask without assistance
- If staff develop [symptoms](#) consistent with COVID-19, such as fever, cough, or shortness of breath, while at camp, we immediately have them [return home](#) from the camp as soon as possible. We follow [CDC-recommended steps for persons who are ill with COVID-19 symptoms](#).
- If a staff member has a confirmed COVID-19 infection, inform other staff about their possible exposure to the virus, while maintaining confidentiality as required by the Americans with Disabilities Act; see [Public Health Recommendations for Community-Related Exposure](#).



## **C. Detailed Information for Camp**

Staff and Campers will be instructed in:

**C.1 Cohorting.** It will not replace other preventive measures, including wearing masks. Campers and staff in the same cohort should continue to wear masks at all times, except when eating and drinking or swimming.

**Maintaining Physical Distance:** Physical distancing provides protection by reducing risk of exposure and limiting the number of close contacts when someone is infected with COVID-19.

Physical distancing, indoors and outdoors, of:

At least 3 feet between all campers within a cohort

At least 6 feet between all campers outside of their cohort

At least 6 feet while eating and drinking, including among people within the same cohort

At least 6 feet between campers and staff

At least 6 feet between staff

### **C.2 Hand Hygiene and Respiratory Etiquette**

- Teach and reinforce [handwashing](#) with soap and water for at least 20 seconds and increase monitoring to ensure adherence among campers and staff.
  - If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used (for staff and older children who can safely use hand sanitizer).
- Encourage staff and campers to cover coughs and sneezes with a tissue. Used tissues should be thrown in the trash and hands washed immediately with soap and water for at least 20 seconds.
  - If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used (for staff and older campers who can safely use hand sanitizer).

### **C.3 Masks**

- Teach and reinforce the use of [masks](#). Masks *may be challenging* for campers (especially younger campers) to wear in all-day settings such as camp. Masks should be worn by staff and campers (particularly older campers) as feasible, and are **most** essential in times when physical distancing is difficult. Information should be provided to staff and campers on [proper use, removal, and washing of masks](#).
  - Note: masks should **not** be placed on:
    - Babies or children younger than 2 years old
    - Anyone who has trouble breathing or is unconscious
    - Anyone who is incapacitated or otherwise unable to remove the cover without help

[Masks](#) offer some protection to the wearer and are also meant to protect those around the wearer, in case they are infected with the virus that causes COVID-19. Masks are not surgical masks, respirators, or other medical personal protective equipment.

Camp management will ensure that:

#### **C.4 Adequate Supplies**

- we have accessible sinks and enough supplies for people to clean their hands and cover their coughs and sneezes.
- Supplies include soap, a way to dry hands (e.g., paper towels, hand dryer), tissues, hand sanitizer with at least 60 percent alcohol (for staff and older campers who can safely use hand sanitizer), disinfectant wipes, masks (as feasible), and trash cans (preferably covered).

#### **C.5 Signs and Messages**

- We will post [signs](#) in highly visible locations (e.g., camp entrances, dining areas, restrooms) that [promote everyday protective measures icon](#) and describe how to [stop the spread pdf icon](#) of germs such as by [properly washing hands](#) and [properly wearing a mask image icon](#).
- Ensure regular [announcements](#) on reducing the spread of COVID-19.
- Include messages (for example, [videos](#)) about behaviors that prevent spread of COVID-19 when communicating with staff and campers (such as on camp websites, in emails, and through camp [social media accounts](#)).
- Find free CDC print and digital resources on [CDC's communications resources](#) main page.

### Maintaining Healthy Environments

Camp administration will consider implementing several strategies to maintain healthy environments. Including but not limited to:

#### **C.6 Cleaning and Disinfection**

- [Clean and disinfect](#) frequently touched surfaces (e.g., playground equipment, door handles, sink handles, drinking fountains) within the camp facility and in any [shared transportation](#) vehicles at least daily or between use as much as possible. Use of shared objects (e.g., art supplies, nap mats, toys, games) should be limited when possible, or cleaned between use.
- Develop a schedule for increased, routine cleaning and disinfection.
- All camp vehicles (e.g., golf carts, vans, buses and trucks) used by the camp drivers should practice all safety actions and protocols as indicated for other staff (e.g., hand

hygiene, masks). To clean and disinfect all the transport vehicles, see guidance for [bus transit](#).

- Ensure [safe and correct use](#) and storage of [cleaners and disinfectants external icon](#), including storing products securely away from children. Use products that meet [EPA disinfection criteria external icon](#).
- Cleaning products will not be used near children, and staff should ensure that there is adequate ventilation when using these products to prevent children or themselves from inhaling toxic fumes.
- Use gloves when removing garbage bags or handling and disposing of trash. [Wash hands](#) after removing gloves.

### **C.7 Shared Objects**

- Discourage sharing of items that are difficult to [clean, sanitize, or disinfect](#).
- Keep each camper's belongings separated from others' and in individually labeled containers, cubbies, or areas.
- Ensure adequate supplies to minimize sharing of high-touch materials to the extent possible (e.g., assign art supplies or other equipment to a single camper), or limit use of supplies and equipment to one group of campers at a time and clean and disinfect between use.
- Avoid sharing electronic devices, toys, books, and other games or learning aids.

### **C.8 Ventilation**

- Ensure building ventilation systems operate properly and increase circulation of outdoor air as much as possible, for example by opening windows and doors. Do not open windows and doors if doing so poses a safety or health risk (e.g., risk of falling or triggering asthma symptoms) to campers using the facility.

### **C.9 Water Systems**

- To minimize the risk of [Legionnaires' disease](#) and other diseases associated with water, [take steps](#) to ensure that all water systems and features (e.g., sink faucets, drinking fountains, showers, decorative fountains) are safe to use after a prolonged facility shutdown.
- To encourage staff and campers to bring their own water containers- canteens, water bottles, etc. to minimize use and touching of communal water sources.

### **C.10 Modified Layouts**

- Space seating at least 6 feet apart.

- Place campers head-to-toe 6 feet apart between beds in communal sleeping quarters to ensure distance between their faces.
- Individual tents will be used where feasible and in the event that this is not feasible no more than 2 people will be in a tent 6 feet apart in a head -to-foot sleeping arrangement.
- Prioritize outdoor activities where social distancing can be maintained as much as possible.
- Create [social distance](#) between campers on school buses (e.g., seat children one child per row, skip rows) when possible.

### **C.11 Physical Barriers and Guides**

- Install physical barriers, such as sneeze guards and partitions, particularly in areas where it is difficult for individuals to remain at least 6 feet apart (e.g., reception desks).
- Provide physical guides, such as tape on floors or ground and signs on walls, to ensure that staff and campers remain at least 6 feet apart in lines and at other times (e.g., guides for creating “one-way routes” in hallways).

### **C.12 Communal Spaces**

- Close shared spaces such as dining halls and playgrounds with shared playground equipment, if possible; otherwise stagger use and [clean and disinfect](#) between use.

### **C.13 Food Service**

- Campers’ meals will take place out of doors weather permitting and they will eat in separate areas with their smaller group (patrol), instead of in a communal dining hall or cafeteria.
- We will ensure the [safety of children with food allergies icon](#).
- Use as many disposable food service items (utensils, dishes) as feasible. If disposable items are not feasible or desirable, we will ensure that all non-disposable food service items are handled with gloves and washed with dish soap and hot water or in a dishwasher. Individuals should [wash their hands](#) after removing their gloves or after directly handling used food service items.
- When feasible food is offered pre-packaged boxes or bags for each camper instead of a buffet or family-style meal. We will avoid sharing of foods and utensils and ensure the [safety of children with food allergies icon](#)

## Maintaining Healthy Operations

Camp administration will consider implementing several strategies to maintain healthy operations.

### **C.14 Protections for Staff and Campers who are at Higher Risk for Severe Illness from COVID-19**

- Offer options for staff at [higher risk for severe illness](#) that limit exposure risk (modified responsibilities).
- Offer options for campers at [higher risk for severe illness](#) that limit exposure risk.
- Put in place policies that protect the privacy of people at [higher risk for severe illness](#) regarding underlying medical conditions.

### **C.15 Regulatory Awareness**

- Be aware of local or state regulatory agency policies related to group gatherings to determine if events can be held.

### **C.16 Identifying Small Groups and Keeping Them Together (Cohorting)**

- Keep campers together in small groups (patrols) with dedicated staff and make sure they remain with the same group throughout the day, every day.
- Limit mixing between groups if possible.

### **C.17 Staggered Scheduling**

- Stagger arrival and drop-off times or locations for programs by cohort (patrol) or put in place other protocols to limit contact between cohorts and with other campers' as much as possible.
  - When possible, use flexible sites and flexible hours (e.g., staggered programming) to help establish policies and practices for social distancing (maintaining distance of approximately 6 feet) between individuals, especially if social distancing is recommended by state and local health authorities.

### **C.18 Gatherings and Field Trips**

- We will minimize group events, gatherings, or meetings where social distancing of at least 6 feet between people cannot be maintained. Limit group size to the extent possible.

- Limit any nonessential visitors, volunteers, and activities involving external groups or organizations as much as possible – especially with individuals not from the local geographic area (e.g., community, town, city, or county).
- Avoid activities and events such as field trips and special performances.
- Pursue options to scouting activities and participation in sports activities in ways that minimize transmission of COVID-19 to staff and campers.

### **C.19 Designated COVID-19 Point of Contact**

- Health Services staff are responsible for responding to COVID-19 concerns. All camp staff and campers will know who these staffers are and how to contact them.

### **C.20 Communication Systems**

- Put systems in place:
  - Consistent with applicable law and privacy policies, having staff and campers self-report to the camp administration if they have [symptoms](#) of COVID-19 in accordance with [health information sharing regulations for COVID-19 \(e.g., see “Notify Health Officials and Close Contacts” in the Preparing for When Someone Gets Sick section below\)](#) [icon](#) and other applicable privacy and confidentiality laws and regulations.
  - Notifying staff and families of camp closures and restrictions in place to limit COVID-19 exposure.

### **C.21 Leave (Time Off) Policies**

- Implement flexible sick leave policies and practices that enable staff to stay home when they are sick, have been exposed, or [caring for someone who is sick](#).
- Develop policies for return-to-camp after COVID-19 illness. CDC’s [criteria to discontinue home isolation and quarantine](#) can inform these policies.

### **C.22 Back-Up Staffing Plan**

- Monitor absenteeism of campers and staff, cross-train staff, and create a roster of trained back-up staff.

### **C.23 Staff Training**

- We will Train staff on all safety protocols.
- Conduct training virtually and ensure that [social distancing](#) is maintained during training reviews in situ.

## **C.24 Recognize Signs and Symptoms**

- Health Services Staff will conduct daily health checks (e.g., temperature screening and/or [symptom checking](#)) of staff and campers (if feasible) safely and respectfully, and in accordance with any applicable privacy laws and regulations.
  - Camp administration may use examples of screening methods in CDC's supplemental [Guidance for Child Care Programs that Remain Open](#) as a guide for screening campers and CDC's [General Business FAQs](#) for screening staff.

## **C.25 Support Coping and Resilience**

- Promote staff and campers eating healthy, exercising, getting sleep, and finding time to unwind.
- Encourage staff and campers to talk with people they trust about their concerns and how they are feeling.

## **Preparing for When Someone Gets Sick**

Camp administration will consider implementing several strategies to prepare for when someone gets sick.

## **C.26 Isolate and Transport Those Who are Sick**

- Make sure that staff and families know that they (staff) or their children (families) should not come to camp, and that they should notify camp officials (e.g., the designated COVID-19 point of contact) if they (staff) or their child (families) become sick with COVID-19 [symptoms](#), test positive for COVID-19, or have been [exposed](#) to someone with symptoms or a confirmed or suspected case.
- Immediately separate staff and campers with COVID-19 [symptoms](#) (such as fever, cough, or shortness of breath) at camp. Individuals who are sick will be cared for following [CDC guidance for caring for yourself or others who are sick](#).
- Work with camp administration, health and safety staff providers to isolate anyone who has COVID-19 symptoms or who has tested positive, but does not have symptoms, at the camp infirmary. Health Services staff will use [Standard and Transmission-Based Precautions](#) when caring for sick people. See: [What Healthcare Personnel Should Know About Caring for Patients with Confirmed or Possible COVID-19 Infection](#).
- If a person becomes sick and needs to be transported, we will establish procedures in concert with Allegany Co. Health Dept. for safely transporting them. If we require an ambulance or take someone to a healthcare facility, we will first alert them at the time of call out that the person may have COVID-19.

### **C.27 Clean and Disinfect**

- We will close off areas used by a sick person and not use these areas until after [cleaning and disinfecting](#) them (for outdoor areas, this includes surfaces or shared objects in the area, if applicable).
- We will wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, wait as long as possible. We will ensure [safe and correct](#) use and storage of [cleaning external icon](#) and disinfection products, including storing them securely away from children.

### **C.28 Notify Health Officials and Close Contacts**

- In accordance with NY state regulations, camp administration will notify [local health officials](#), staff, and families immediately of any case of COVID-19 while maintaining confidentiality in accordance with the [Americans with Disabilities Act \(ADA\)external icon](#).
- Advise those who have had [close contact](#) with a person diagnosed with COVID-19 to separate themselves, [self-monitor for symptoms](#), and follow [CDC guidance](#) if symptoms develop.

### **C.29 In addition to the considerations listed above the following considerations will be enacted:**

- Since we have campers from various geographic regions (e.g., community, city, town, county, state) this will be communicated information to families.
- [Clean and disinfect](#) bathrooms regularly (e.g., in the morning and evening, after times of heavy use) using [EPA-registered disinfectants external icon](#).
- Encourage staff and campers to avoid placing toothbrushes or toiletries directly on counter surfaces.
- If feasible, we may institute COVID-19 testing on site. CDC [guidance](#) for who should be tested in conjunction with Allegany Co. Health department and our healthcare providers.



